





# EARLY CHILDHOOD FAMILY EDUCATION

## For Parents and Children

Welcome to the Early Childhood Family Education (ECFE) program. Parents have a great influence on their children as the first and most significant teachers in their lives. Because the role of parenting is so important, this program is designed to include children with their parents where they will reassure parenting skills, encourage children in caring ways, and will bring parents and children together for a variety of shared experiences.

# PARENT-CHILD ACTIVITIES

Join ECFE for support, information, and enjoyable activities with your children. Any family with children between birth and kindergarten is welcome to attend. There will be a \$15.00 fee per family/year for classes. No family will be denied participation due to an inability to pay.

#### Please pre-register 1 week before class starts

Please use the Southeast door (office). Class meets in Cafeteria.

\*Classes are limited to a number of children with 1 adult. Masks are not a requirement at this time, but if they become required then parents must wear a mask, but children under 5 are not required to wear one.

#### \*IN ANY CASE, ECFE EVENTS MAY CHANGE. PLEASE SEE SCHOOL WEBSITE OR FERTILE-BELTRAMI SCHOOL NEWS ON FACEBOOK FOR ANY CHANGES OR CANCELLATIONS.

#### Health Screening

#### Before coming to an ECFE class/event, please screen your child for illness.

#### If your child has one of the following, please keep them home.

- o Fever of 100.0 or higher
- o New or worsening cough
- o Difficulty breathing
- o Loss of taste or smell

#### If your child has two of the following, please keep them home.

- o Chills
- o Muscle or body aches
- o Excessive fatigue
- o Sore throat
- o Congestion or runny nose
- o Headache
- o Nausea or vomiting
- o Diarrhea
- o Muscle or body aches
- o Close contact or cared for someone with COVID-19, RSV

## Let's help keep everyone safe and healthy!

## ECFE CLASSES

## <u>Cabin Fever Nights</u> (3-5 years old)

(Lunchroom) Tuesdays 6:30-8pm

January 9, 16, 30

Break up the winter and enjoy this family time

together experiencing large motor activities such as parachute play, scooters, volleyball, dance, playful learning activities, and art. The evening will end with circle time, story, and a snack.

#### Winter Evenings With the AELC (Mixed Ages)

(Agassiz Environmental Learning Center)

#### 4<sup>th</sup> Tuesday of every month 6:30-8pm

#### January 23, \*\*February 11 (Sun.1-5), March 19, April 23, May 21

We are teaming up with members of the Agassiz Environmental Learning Center to bring nature-based activities to young children. There will be a craft, story and snack time. This does occur out at the AELC.

\*\*Feb. 11<sup>th</sup> is Winterfest at the AELC. Please join for a wide range of outdoor activities.

<u>Winter Wonderland</u> (2-3 years old) (Room 101) Tuesdays 6:30-8pm February 6, 13, 20 A special time for parents and children together to enjoy stories, activities, finger plays, art, and music.

## Lively Little Ones (Birth-2 years old)

#### (Room 101) Tuesdays 6:30-7:30pm

#### March 5, March 12, April 9

Connect with other new parents and families. Share joys and developmental changes of your child. Explore activities learning and having fun with the world all around us.

# ONE TIME ECFE SPECIALS

Pre-registration one week ahead is recommended

Pre-register by calling the school at 945-6953 ext. 101,

Email: <u>bmeine@isd599.org</u>

Mail: ECFE, F-B School, 210 Mill St S, Fertile, MN 56540

\*All special events "Fun Nights" are free of charge unless otherwise stated.

\*Watch the school website or Fertile-Beltrami School News on Facebook for any updates or cancellations.

# <u>Preschool Screening-</u>Friday, March 8, 8:00am-12pm (you will receive information by mail if screening needs to be done at this time)

State guidelines make preschool screening mandatory before entrance to preschool and Kindergarten. It is an opportunity for parents and care givers to review their child's growth and development and follow up any concerns. If you are new to the district, please call the school at 218-945-6953.

#### Daddy and Me Carpenter Night

Tuesday April 16, 6:30-8:00pm, Fertile-Beltrami School Lunchroom \$5.00 fee

Preschool children and their dad, grandfather, or special male friend are invited to make a wooden item. Please bring a hammer. **Be sure to pre-register one week before so there are enough supplies**.



#### Bingo for Books-Watch for an update on date

Play bingo games about colors, shapes, numbers, and pictures with your preschool child. Every child will receive a book.

#### ARE YOU ON THE SCHOOL CENSUS???

Parents with children 0-5 years of age... You are never too young... or too new... to be in our school census. Call the school at 218-945-6953 to enroll your child on the census (Mailing List).

You may also email <u>bmeine@isd599.org</u> with your name, child's name, birthdate, and address.

Thanks for sharing your child with us!



Pre-registration For	m		
Mail to: ECFE, Fertil	e-Beltrami School 2	10 Mill St. S, Fertile, MN 56736	
Or call 218-945-695	3 ext. 101		
Or email <u>bmeine@isc</u>	1599.org		
Parent's Name		Home Phone	
Address		Work Phone	
Email address			
Child's Name	Birth Date	Session	
\$15.00 class fee	enclosedFe	ee for 2023-24 previously paid	
Unable to pay at	this time		